

Talking, Reading, Singing & Playing
15TH Annual Tahoe Truckee Child Development Mini-Conference
For Parents & Early Educators

Saturday, May 6, 2017 8 a.m. to 1:00 p.m.

Kings Beach Elementary/ Boys and Girls Club/, 8125 Steelhead Ave, Kings Beach CA
Info and Registration at: (530) 582-2583 rhall@ttusd.org

CONFERENCE SCHEDULE

8 a.m. - 8:30 a.m. Sign in for conference, drop off children, and enjoy Continental Breakfast Catered by Boys and Girls Club

8:30 a.m. - 8:45 a.m. Welcome: Kyle Mohagen, Principal, Kings Beach Elementary and Dr. Rob Leri, Superintendent/ Chief Learning Officer, Tahoe Truckee Unified School District



8:50 a.m. - 10:15 a.m.

KEYNOTE SPEAKER

Sara Quintanar

Bilingual Educator,

Songwriter,

Recording Artist

and Children's Author

presents

"MUSIC WITH SARA"

Introduced by Edith Martinez

WORKSHOPS RECOMMENDED FOR PARENTS

9:30 a.m. - 10:40 a.m.

Let's Make Music a Part of Everyday Life!

Rita Whitaker-Haun

Session participants come dressed ready to move as we explore ways to incorporate music into your everyday life! Enjoy being more present in the moments with your child by making simple activities more musical with focused listening, purposeful movement, varied speech, singing, playing, and expressive reading. Session will include a live demonstration with children.

(In Spanish) Creciendo junto con la música

Sara Quintanar, buen pase de Edith Martinez

Cuando habla, lee y canta con su hijo o con sus estudiantes, les provee el mejor ejercicio para el desarrollo del cerebro. En el taller de Sara, ella presentará herramientas sencillas que le facilitará ayudar a los niños a sus alrededores a avanzar! La música de Sara y las canciones de su libro de canciones más reciente: "Hablar. Leer. Cantar." utiliza canciones sencillas con melodías dulces que les encanta a los niños. Aprenderá a integrar estas actividades en sus rutinas diarias. Usted aprenderá cómo la música integra todas las materias, incluyendo: matemáticas a través de la secuencia, la lectura básica a través de la fluidez oral, la ciencia a través del sonido y mucho más!

10:50 a.m. - Noon

The Parent's Role in Teaching Social Emotional Readiness: A foundation for success in school and beyond. F

Aaron Stabel, BCBA

Challenging behaviors often communicate a child's wants and needs. Understanding "why" a child uses problem behaviors to communicate leads parents to identify effective prevention, teaching, and consequence strategies to support their child. Consistent implementation of these strategies helps teach children important skills, such as delayed gratification, social-communication, work ethic, and emotional-regulation.

Objectives:

- Provide tools for parents to assess and identify the functions of challenging behaviors
- Learn effective strategies to teach routines and social skills
- Explore logical consequences for both appropriate and inappropriate behaviors

(In Spanish) Los Padres como Capacitadores Emocionales

Paula Lauer, MA, Psicoterapeuta Bilingüe

En este taller los padres tendrán oportunidades de identificar y resolver obstáculos a volverse Capacitadores Emocionales de sus hijos y aprenderán estrategias para criar niños seguros, confiados y motivados. Los conceptos y estrategias para este taller se basan en las obras de la Lic. Maritchu Seitún, especialista de niños y familia.

WORKSHOPS RECOMMENDED FOR EDUCATORS

9:30 a.m. – 10:40 a.m.

Social Emotional Development: Peer Mediated Interventions

Aaron Stabel, BCBA

Through interactions with peers, students learn essential social-emotional skills, self-management tools, and how to access practical educational supports. Teaching peers how to help each other in learning environments proves an effective intervention for everyone.

Objectives

- Learn how to structure peer mediated interventions for target students.
- Learn how to implement peer interventions across educational settings.

10:50 a.m. - Noon

"Everyday Music: Building the Brain One Rhyme at a Time"

Sara Quintanar assisted by Edith Martinez

When you talk, read, and sing with your child or students, you are giving them the best brain-building exercise they need to succeed. In Sara's workshop, she will give you simple steps to help the children around you to thrive! Sara's music and songs from her newly published songbook from Scholastic, "Talk. Read. Sing." uses songs with sweet melodies that children love. You will learn to integrate these activities into everyday routines. Sara will share how music teaches all subjects, including Math through sequencing, Literacy through oral fluency, Science through sound, and more! Be sure to bring your smartphones or devices to put Sara's music in your hands right away!

Noon - 12:30 p.m. PICK UP CHILDREN

LUNCH FOR ALL IN THE GYM-Catered by Boys & Girls Club

Turn in your Evaluation and get Free Raffle Tickets for great prizes

12:30 p.m. – 1:00 p.m.

SARA QUINTANAR FAMILY CONCERT



PRESENTERS

KEYNOTE: Sara Quintanar, Author, Performer, and Educator



Sara Quintanar is a bilingual educator and recording artist who created “*Music With Sara*,” music classes in Spanish in the Los Angeles area. Parents and educators encouraged her to record music in Spanish for children. Thanks to them, she has now recorded four albums, *Canciones en español*, *Más canciones en español*, *Bilingual Holiday Style*, and *Paseando With Sara*, which have been celebrated for their simple lyrics, lovely melodies, and cultural flair. Sara currently works in four schools teaching music and movement in Spanish to hundreds of children each week. Her most recent collection of bilingual songs was published in 2016 for the Songbook “Talk. Read. Sing.” which was published by Scholastic and First 5 California.

Aaron Stabel, BCBA



Aaron Stabel is a Board Certified Behavior Analyst based in Truckee, California. As a behavioral and educational consultant for school districts and families, he assesses and implements interventions for children with ASD, ADHD, emotional disturbances, and other developmental disabilities across the United States. Aaron also worked at the UC Davis MIND Institute consulting on applied research, most recently for the National Professional Development Center on Autism Spectrum Disorders and the Center on Secondary Education for Students with Autism.

EDITH MARTINEZ



Edith Martinez grew up at Tahoe where she attended Kings Beach Elementary (KBE.) Edith attended the University of Nevada Reno where she attained an Integrated Elementary Education degree. Before attending UNR she received an A.A. from Lake Tahoe Community College in Early Childhood Development. She currently teaches Kindergarten at the KBE Two Way Dual Immersion Program. Edith lives in Kings Beach with her family

PAULA LAUER



Paula Lauer is a Bilingual/Bicultural Psychotherapist at Sierra Mental Wellness Group with offices in Tahoe City and Kings Beach. Paula obtained her Master's Degree in Clinical Psychology in 2000 from Universidad de Belgrano, in Buenos Aires, Argentina. Paula moved to Chicago, IL in 2002, where she worked in community mental health for almost 4 years before relocating to North Lake Tahoe in 2006. Paula has been providing psychotherapy and counseling in Spanish in this community since June 2011. Paula works with children, adolescents, adults and families, and teaches a Workshop to Overcome Depression, now going into its third year. She has experience with mood disorders, anxiety disorders, trauma, parenting and relational problems. Paula is dedicated to serving the community where she lives and believes everybody deserves to have a balanced, healthy and happy life.

RITA WHITAKER-HAUN



Rita Whitaker-Haun is a professional cellist and music educator with 36 years music teaching experience. Her approach includes philosophies: Orff, Kodaly, MusikGarten, Kindermusik, Waldorf, Montessori, and Suzuki. Since 1980, Rita has taught general music and strings in Truckee and Tahoe City, California; Incline Village and Reno, Nevada; and Louisville, KY. Since 1992, Rita has enjoyed teaching her program, "MUSIC, MOVEMENT, AND ME," for children, birth to five, with their families all around the Tahoe area. Rita performs with her duo, "ClassiGals," as well as the Reno Philharmonic Orchestra. Presently, Rita teaches preschool through grade five for Washoe County School District at Incline Elementary School and MusikGarten at the Family Resource Center of Truckee. She lives with her husband in Truckee, CA.

REGISTRATION FORM

Name(s) _____
Phone _____
Mailing Address _____
Email _____

Child Care needed? A fun, free and active child development program will be offered for children who are walking through school age.

Babies in arms may attend conference with parents. If children are not potty-trained, parents must be available by cell phone for diaper changes.

Child care is limited. Register early to secure a spot. Call to register at 530.582.2583.

Child Care desired? Yes _____ No _____

Names and ages of child/children

Name _____ Age _____

Name _____ Age _____

Lunch Choice: Meat _____ Vegetarian _____

Do you need transportation from Truckee to Kings Beach? _____

A school bus will leave Truckee Elementary at 7:30 am and leave Kings Beach at 1:30 p.m. to return to Truckee.

Registration Fee: \$25.00 per adult. Scholarships available.

Total # Adults _____ Scholarship(s) Requested? _____

Total Amount Paid \$ _____ Check# _____

Please make checks payable to TTUSD and mail to:

TTUSD, Attention: R. Hall, 11603 Donner Pass Road, Truckee, CA 96161

Parent Workshop choices 9:30 a.m. to 10:40 a.m. Please Check One

___(ENG) **Let's Make Music A Part of Everyday Life** *Rita Whitaker-Haun*

___(SPAN) **Creciendo Junto con la Música** *Sara Quintanar*

Educator Workshop choices 9:30 a.m. to 10:40 a.m. Please Check One

___(ENG) **Social Emotional Development: Peer Mediated Interventions** *Aaron Stabel BCBA*

Parent Workshop choices 10:50 a.m – NOON Please Check One

___(ENG) **The Parent's Role in Teaching Social Emotional Readiness:** *Aaron Stabel, BCBA*

___(SPAN) **Parents As Emotional Trainers** *Paula Lauer, MA*

Educator Workshop choices 10:50 a.m – NOON Please Check One

___(ENG) **Everyday Music: Building the Brain One Rhyme at a Time** *Sara Quintanar*

FOR MORE INFO CALL: 530.582.2583 or email rhall@ttusd.org

