

Family Resource Center of Truckee

Building community one family at a time

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PRESS RELEASE

FOR IMMEDIATE RELEASE

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OneJustice Bus visits Truckee

Truckee, CA (4/9/17) – On April 9, the Family Resource Center of Truckee (FRC of Truckee) hosted a visit from the OneJustice Bus. The bus brought 14 law students and 5 Immigration attorneys who helped more than 30 local community members with Naturalization applications for US Citizenship and other immigration programs through one-on-one consultations. Bilingual community members from the Family Resource Center of Truckee, La Fuerza Latina (TTUSD college prep club), and Promotoras (Peer Educators) from North Tahoe FRC served as volunteer interpreters. The FRC of Truckee's Tahoe-Truckee Mediation and Legal Assistance Program coordinated and hosted this event as well as the OneJustice Bus visit in October, 2015.

The OneJustice visit complements the FRC of Truckee's ongoing work to strengthen families and provide education and support to our community's most vulnerable members through ongoing programs at our center, Monday - Thursday. Additional free programs offered this Spring include:

- **Este Preparado Y Conozca Sus Derechos/Be Prepared & Know Your Rights** (Wednesdays in April, 5:30pm – 6:30pm at FRCoT, 11695 Donner Pass Road). These workshops are a space where community members can share and receive updates on immigration enforcement and programs and receive training in positive interactions with law enforcement.
- **Este Preparado Y Conozca Sus Derechos/Be Prepared & Know Your Rights** (Tuesday, April 25, 5:30pm in Kings Beach). Call North Tahoe Family Resource Center for more information: 530-546-0952.
- **Reducción de Estrés basado en Mindfulness (atención plena)**, (Mondays, 5:30 – 6:30pm, May 1 – June 16 at Henness Flats). Katie Townsend-Merino is certified in Mindfulness Based Stress Reduction (MBSR). During these immigrant-focused workshops Katie will guide participants through stress reduction techniques such as meditation and yoga. Offered in partnership with Tahoe Center for Health and Sports Performance. To sign up, call 530-587-2513.
- **World Class Communication** (May 12 & 13 at FRCoT, 11695 Donner Pass Road, time TBD). Over 2 sessions, Edixon and Claudia Martinez will share communication skills related to marriage, dating, co-parenting and single-parenting. Class offered in Spanish. Edixon and Claudia have taught these skills for 25 years and are members of Healthy Relationships California.
- **La Crianza de Bebés y Niños Capaces y Confidentes** (April 17, 5:00pm – 6:30pm at FRCoT). During this Spanish-language workshop, Abbie Saturno of Conecta (conectatahое.com) will offer solutions for establishing limits, setting routines and consistency in communication for parents of children 0 – 5 years .
- **Family Room** (M – F, 10am – 12pm at Truckee Elementary). These bilingual, literacy-focused classes for children under 4 and their caregivers promote learning and network-building among young families.

To learn more about these programs and other offerings, please visit www.truckeefrc.org or call 530-587-2513.

About FRCoT:

Since its inception in 2001, the FRCoT has been a primary point-of-contact for families seeking to improve their lives. Our mission is *to promote social and economic success in our community by providing education, mobilizing resources and advocating for change*. The FRCoT strives to support and assist families and individuals to overcome challenges. Direct services and referrals are provided in the areas of Mediation & Legal Assistance, Parent Education & Child Development, Health & Wellness, Housing & Employment and Youth Support & Family-Friendly Events. www.truckeefrc.org

About OneJustice:

OneJustice is a 501(c) 3 non-profit that serves as an innovation lab on legal services, applying creative problem-solving and design approaches to the thorny question of how to increase legal services for those in need.