

## Family Resource Center of Truckee

Building community one family at a time

11695 Donner Pass Road  
Truckee, CA 96161  
530-587-2513  
www.truckeefrc.org



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# PRESS RELEASE

### FOR IMMEDIATE RELEASE

For more information contact

NAME: Chelcee Thomas  
PHONE: (530) 587-2513 ext. 105  
EMAIL: chelcee@truckeefrc.org

## ***Family Room Starts September 12th!***

**Truckee, CA** (September 1, 2016) – The Family Room program resumes on September 12<sup>th</sup>. Come join the fun Monday - Friday from 10:00 am - 12:00 pm in Room 19 at Truckee Elementary. Space is limited in this free program - please arrive early!

The Family Room is a bilingual program (Spanish and English) dedicated to encouraging the development of literacy and school readiness in families with children 3 years old and under. Activities include a mix of reading, music, and crafts, while parents create supportive peer networks. The Family Room includes a free lending library of English and Spanish children's books.

According to First 5 California, 90% of a child's brain develops in the first five years of life. The Family Room program complements other classes and workshops offered through the Family Resource Center of Truckee aimed at educating parents and caregivers about the crucial role they play in their children's first years.

The Family Room is able to operate 5 days a week this school year thanks to continued partnership with the Tahoe Truckee Unified School District and funding support from the Lahontan Community Foundation held at the Parasol Tahoe Community Foundation, First 5 Nevada County, Soroptimist International of Truckee Donner and generous contributions from community members.

### **About FRCoT:**

Since its inception in 2001, the FRCoT has been a primary point-of-contact for families seeking to improve their lives. Our mission is *to promote social and economic success in our community by providing education, mobilizing resources and advocating for change*. The FRCoT strives to support and assist families and individuals to overcome challenges. Direct services and referrals are provided in the areas of Mediation & Legal Assistance, Parent Education & Child Development, Health & Wellness, Housing & Employment and Family-Friendly Events.